



Camden  
County  
Saddle Club

Jan. 2013

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CAMDEN COUNTY SADDLE CLUB

# Coggins Clinic scheduled

We will be offering a Coggins' Clinic on **Saturday, Mar. 9** at 10 a.m. at the arena on J Road. Dr. Barry Leek will be administering the tests. You also will be able to update your horse's shots that day. Save money on a farm call by bringing your horses to the arena! A farrier also will be on hand for trims and shoes.

For \$5, participants can set up a table for a tack swap, show clothes sale, or to offer anything horse-related for sale. Spring is right around the corner, so clean out your tack rooms and closets, and make a little money while you're at it. Lunch will be served at the cook shack and the arena will be open for practice.

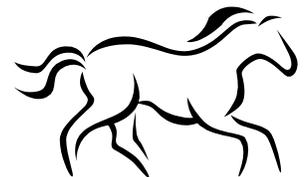
As a reminder, we will be checking **every** horse's Coggins' papers this year before they will be allowed to be unloaded at the show, so join us and get them done now! If you do not have current Coggins' papers, you will not be allowed to show. Missouri law states a negative Coggins' test is required to enter the state and must be shown for sponsored equine events, such as shows, exhibitions, rodeos and trail rides.

*Please note: This is open to the public!* Tell your friends and neighbors and invite them out to our mini "Horse Fest!" If you have questions, please contact Tana at 573-286-9512.



**Want to lose weight?**  
Check out these exercise options.

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**Equine Infectious Anemia**  
The importance of a Coggins' test

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**Camden County Saddle Club  
Show Schedule**

Sunday, Mar. 24 at McNail's Arena - 2 p.m.  
 Sunday, Apr. 28 at McNail's Arena - 2 p.m.  
 Saturday, May 25 at J Road Arena - 2 p.m.  
 Saturday, June 22 at J Road Arena - 2 p.m.  
 Saturday, Sept. 28 at J Road Arena - 2 p.m.  
 Saturday, Oct. 26 at J Road Arena - 2 p.m.



STRAIGHT FROM THE HORSE'S MOUTH

### Never squat with your spurs on.

Will Rogers, who died in a 1935 plane crash, was one of the greatest political and social commentators this country has ever known. Some of his quips and quotes follow:

1. Never slap a man who is chewing tobacco.
2. Never kick a cow chip on a hot day.
3. There are two theories to arguing with a woman. Neither works.
4. Never miss a good chance to shut up.
5. Always drink upstream from the herd.
6. If you find yourself in a hole, stop digging.
7. The quickest way to double your money is to fold it and put it back in your pocket.
8. There are three kinds of men – the ones who learn by reading; the few who learn by observation; the rest of them have to pee on the electric fence and find out for themselves.
9. Good judgment comes from experience, and a lot of that comes from bad judgment.
10. If you're riding ahead of the herd, take a look back every now and then to *make sure* it's still there.
11. Lettin' the cat outta the bag is a whole lot easier'n puttin' it back.
12. After eating an entire bull, a mountain lion felt so good he started roaring. He kept it up until a hunter came along and shot him. The moral: When you're full of bull, keep your mouth shut.

## Burn those calories without going to a gym 🏃🏻‍♂️

If your New Year's resolution was to lose weight, check out this chart to see how you can burn some extra calories.

Horse Activities - Calories burned per hour:

ACTIVITY:	For 130 lb person:	For 155 lb person:	For 190 lb person:
Shoveling	354 cal/hr	422 cal/hr	518 cal/hr
General Horse Riding:	236 cal/hr	281 cal/hr	345 cal/hr
Riding horse at the walk:	148 cal/hr	176 cal/hr	216 cal/hr
Riding horse at the trot:	384 cal/hr	457 cal/hr	561 cal/hr
Riding horse at a gallop:	472 cal/hr	563 cal/hr	690 cal/hr
Horse Grooming	354 cal/hr	422 cal/hr	518 cal/hr
Baling hay/cleaning barn:	472 cal/hr	563 cal/hr	690 cal/hr
Shoveling Grain	325 cal/hr	387 cal/hr	474 cal/hr
Fencing	354 cal/hr	422 cal/hr	518 cal/hr
Polo	472 cal/hr	563 cal/hr	690 cal/hr
Hiking, cross country (if your horse is hard to catch...)	354 cal/hr	422 cal/hr	518 cal/hr
Brisk walking 4 MPH	236 cal/hr	281 cal/hr	345 cal/hr
Walking, carrying 15 lb load:	207 cal/hr	246 cal/hr	302 cal/hr

## OFFICERS

**President** Tana Maasen**Vice President** Karen Clary**Treasurer** Dalia Shamburg**Secretary** Tisha Holden**Board Members**

Gary Gray            Sallie Wickens

Elmer Scott        Mark Maasen

Russ Stewart      Arlyne Page

Shelli Jones

## Banana Apple Treats

Apples

Bananas, very finely chopped

Honey

Powdered sugar

Cut the apples into slices, and spread the chopped bananas onto the apple slices. Drizzle honey over the fruit, and sprinkle with powdered sugar. Store in the refrigerator until hard or until you go to the barn.



## What is a Coggins' test?

A Coggins' test is for a serious equine virus called **equine infectious anemia (EIA)**. There is no vaccine or cure for EIA, also known as "swamp fever" because of the warm, wet regions of the United States in which it is more common.

There are three stages to EIA. The acute stage is when the horse shows symptoms of the disease, which include fever, listlessness, swelling in the chest, belly or legs and no appetite. Although, while the infection progresses, the horse may not show any symptoms at all, and it may take more than a month for the horse to test positive on the Coggins' test.

Studies show that between 30-50 percent of horses infected with EIA die within two to four weeks of showing initial symptoms.

Horses surviving the acute phase enter the chronic phase where they will have recurring symptoms of the disease including weight loss, fever, anemia, enlarged spleen, and swelling of the lower chest, abdominal wall, penile sheath, scrotum and legs. Such horses can survive up to a year or more in this stage before finally succumbing to the disease. While appearing healthy at some times, horses can experience acute episodes again when under stress, such as hot weather, hard work or other disease.

EIA is transmitted to horses by insects, such as deerflies and horseflies. It can also be transmitted through instruments, such as needles or tattoo equipment, that have been contaminated with blood.

Some horses can be in the asymptomatic carrier stage, not showing any signs of disease, but testing positive on the Coggins' test. These horses can also experience acute episodes when stressed.

To determine if a horse is negative, a blood sample from the horse is tested for the presence of EIA antibodies.

The Coggins' test was developed by Dr. Leroy Coggins, a veterinary virologist, in the 1970s. According to the Animal Disease Diagnostic Laboratory at Purdue University, the test has a 95 percent accuracy rate.

Currently, the USA does not have an eradication program due to the low rate of incidence, however, a negative Coggins' test is required for interstate travel. Missouri also requires a negative Coggins' test to enter the state and it must be shown for sponsored equine events, such as shows, exhibitions, rodeos and trail rides.

## How to prevent Equine Infectious Anemia

- Never share needles among horses. Dispose of needles after each use.
- Sterilize instruments thoroughly after each use.
- Keep stables and area clean and drained to avoid attracting insects that spread the disease.
- Use insect control, such as insecticides.
- Quarantine unhealthy, infected animals. Do not breed horses that have tested positive for EIA.
- Quarantine all horse species that are new to your facility until you have a Coggins' test.
- Have the Coggins' test result available for horse shows, fairs and other places where animals co-mingle.
- Follow state laws concerning EIA.

## Mark Your Calendars!

### Upcoming Events

**Thurs., Jan. 24** – 4-H Sign-up at Mid-Co. Fire Protection District Station 1, at 6 p.m., Camdenton

**Wed., Feb. 13** – Regular CCSC meeting at 6 p.m. at First National Bank, Camdenton

**Sun., Feb. 17** - Laclede Cowboy Church Show, McNail's Arena, at 2 p.m., Lebanon

**Wed., Feb. 20** – Show Committee Meeting at 6 p.m. at First National Bank, Camdenton

**Sat., Mar. 9** – Coggins Clinic at 10 a.m. at J-Road Arena, Roach

**Sun., Mar. 24** – CCSC Show, McNail's Arena at 2 p.m., Lebanon



# Tentative Show Bill for 2013

Classes will be divided into Lead Line (age 6 & under), PeeWee (age 9 & under), Youth (age 10 -15), Open (any age). Age is determined as of January 1.

1. **Halter** (combined class – as the judge sees it, based on conformation of the breed)
2. **Showmanship** (PeeWee and Youth follow 4-H rules, Open follow breed specific rules)
3. **Gaited Pleasure** (Youth – walk and favorite gait, Open – walk, favorite gait & canter)
4. **Walk – Trot** (walk-trot/favorite gait, no canter or lope)
5. **Western Pleasure** (walk-trot-lope)
6. **Stick Horse** (limited to 6 & under competitors)
7. **Trail Class** (this will be in a separate area and entries will have a designated time to compete, when available. Patterns will be available for handout prior to class. Participants are limited to two (2) tries per obstacle.)
8. **Pole Bending** (each competitor will follow the pattern at his/her own speed. A 5-second penalty will be added for any pole knocked down. Breaking pattern is a disqualification.)
9. **Barrel Race** (each competitor will follow the pattern at his/her own speed. A 5-second penalty will be added for any barrel knocked down. Breaking pattern is a disqualification.)
10. **Flag Race** (No time if the flag is dropped outside of the second barrel)
11. **Mystery Class** (This will vary from show to show and may be one of the following: Keyhole, Figure 8, Pepsi, Boot, Diaper Race, Catalog Race, Ride A Buck, Toilet Paper Race, Through the Barrel, etc..)
12. **Egg & Spoon** (all divisions compete together)

Special Notes: To qualify for Year-End Awards, you must show in a specific division for points. You may show in another division, but points will be separated. You may show with a different horse, but points will be separated. You must be a paid Saddle Club member to accumulate points.

Year-End Awards – will be awarded to Champion and Reserve Champion (1<sup>st</sup> & 2<sup>nd</sup> places) in total point standings in a division for each event.

All-Around Buckle Award – The Buckle Award is for a horse-rider team, and the rider must use the same horse for all buckle points. 3 Buckles will be awarded (Pee Wee, Youth & Open Divisions). Points must be from winnings in EACH of the four areas: Showmanship, Rail, Trail and Speed Classes.

Requirement for Year-End Awards – Members must work fourteen (14) hours of time throughout the show season to receive year-end awards. See Camden County Saddle Club Guideline & Rule Book for Shows – page 10.



## 4-H Sign-ups scheduled

*Attention Kids!* Join the reorganized Wranglers 4-H Club in Camden County. Our club will be emphasizing horses and horse projects. Sign-ups will be held on Thursday, Jan. 24 at 6 p.m. at the Mid-County Fire Protection District Station 1 in Camdenton. Tana Maasen will be the club's leader and has all the forms ready for you to fill out and get started.

## Classified Ads

**For sale.** One Standard Jenny, Catalanian. 4- years- old. Super sweet; no vices. Has had 2 jack foals. Open for breeding. Has been ground driven, saddled. Not broke yet. Black, white points. \$200.00. 573-363-9768.

**For sale.** 8-year- old Paso Fino/Foxtrotter cross mare. Chestnut. 14.3 hands. Super smooth gait, rides alone, or group. Not for novice rider, a lot of BRIO, neckreins. She has had one foal. Open. Gentle. \$500.00 573-363-9768.

**For sale.** One mare mule, coming 3-year-old. Out of registered Foxtrotter mare and our Mammoth Jack. Bay/Black. Super sweet. 14.3 hands. Ground driven, saddled, ponied, not started yet. Clips, loads, bathes, trims, shots, wormed, Coggins. Good home only. NO Dealers. I guarantee she will not let anything in her field, except horses and cattle. 1000.00 firm. 573-363-9768.

**For sale.** Custom made leather goods, hand -carved knife sheaths, gun scabbards, etc. Repairs . Call us 573-363-9768.

Don't forget to bring your unwanted tack, show clothes and related horse items to our Coggins' clinic on Saturday, Mar. 9! Cost is \$5 per table.

